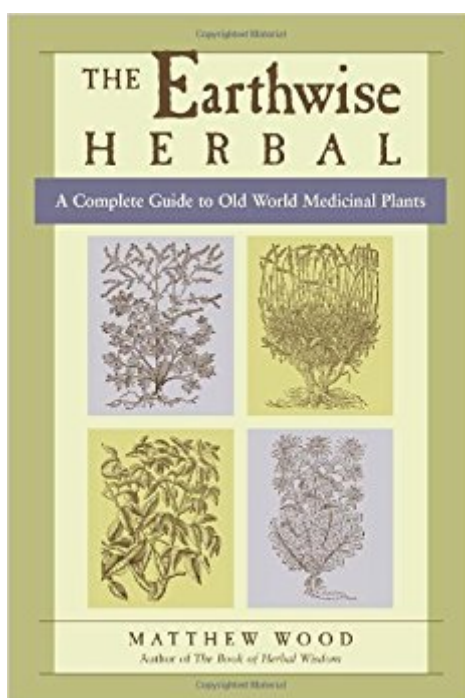


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The Earthwise Herbal, Volume I: A Complete Guide To Old World Medicinal Plants



Synopsis

Noted herbalist Matthew Wood brings twenty-five years of clinical experience to this comprehensive book on medicinal plants. The first in a two-volume set, *The Earthwise Herbal* profiles Old World plants (volume two will treat American plants). Organized alphabetically, the book encompasses all of the major and many of the secondary herbs of traditional and modern Western herbalism. Author Wood describes characteristic symptoms and conditions in which each plant has proved useful in the clinic, often illustrated with appropriate case histories. In addition, he takes a historical view based on his extensive study of ancient and traditional herbal literature. Written in an easy, engaging, non-technical style, *The Earthwise Herbal* offers insight into the ecology of the plant: how it works, in what areas of the body it works, how it has been used in the past, what its pharmacological constituents indicate about its use, and how all these different factors hang together to produce a portrait of the plant as a whole entity. Ideal for beginners, serious students, or advanced practitioners, *The Earthwise Herbal* is also useful for homeopaths and flower essence practitioners as it bridges these fields in its treatment of herbal medicines.

Book Information

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Customer Reviews

In *The Earthwise Herbal*, Matthew Wood has revived the richness, depth, and dignity of the herbal medicine of the old masters, while at the same time endowing it with a new cosmopolitan, cross-cultural flavor that lifts it to a genuinely planetary level. "Rudolph Ballentine, MD, author of *Radical Healing* "Matthew Wood propounds with great clarity, wisdom, and his own experience the gifts the earth in its wisdom has given us in the form of amazing medicines for almost all our ills,

whether of body, mind, emotion, personality, or constitution. How refreshing it is to find a new herbal that explores the depths of each plant's contribution and does not attribute its powers solely or even mainly to its chemical constituents. • "Anne McIntyre, English Herbalist • "What [Matthew Wood] brings to herbalism is a first-hand sense of the old Western herbal knowledge with each plant steeped in its historic role. • "The American Herb Association • "Another valuable resource by Wood, a practicing herbalist with 25 years experience under his belt. Part of a two volume set, this complete guide to old world medicinal plants describes the characteristic symptoms and conditions from a holistic perspective. • "Within Kingston Magazine

Matthew Wood, a practicing herbalist for over twenty-five years, lives on an herb farm thirty minutes west of downtown Minneapolis. He is a graduate of the University of Minnesota and holds a Master of Science degree in Herbal Medicine from the Scottish School of Herbal Medicine, accredited by the University of Wales. Wood is the author of four previous books (all published by North Atlantic Books) and a registered herbalist, or professional member, of the American Herbalists Guild, the only self-regulating body of practicing herbalists in the United States. He is also a regular contributor to the Journal of the American Herbalists Guild.

quickly you grasp his educated and in some instance experiential review of herbs. useful with his volumn II.a keeper.

I really like this book. I study tcm and really like how he puts Western herbs in the energetic system. The other books are great too, the New world and theThe Practice of Traditional Western Herbalism:... Can't stop reading them!

This Guide to New World Medicinal Plants and its sister companion book are simply 2 of the best herbals to be found anywhere. Chocked full of information, including scientific information, details, and experiences not found anywhere else, no herbalist should be without them. Having already purchased The Complete Guide to the Old World Medicinal Plants, I pre-ordered its New World Sister companion and waited months for its availability, And it was worth the wait!

Complete with historical references and a great reference section. This book details much of the written literature from ancient Greek to modern times. Herbal properties and usage fall in line with other herbals. The author promotes a philosophy of holism and plant properties that may not be

scientific; however, has the flavor of the ancient midwife/herbalist/healer that was the way of determining what herb to use for what ailment. Great book to use for historical reference, cross checking herbal remedies, and perspective for those of us on the herbal healer path.

Bought this for my mother and she loves it! She always references this when she's looking to create some sort of medicinal concoction that's a healthy alternative. She is very into alternative medicine and she really likes this book. She would recommend this book and would buy it again!

Excellent book. I have found why Matthew Wood is well known, referenced, sought after healer. I would find it amazing to just sit with him for one day watching him heal those who came to him. I am a CMH but he goes beyond that and it is in this book. It is easy to follow, makes sense, has you saying "I would never have thought of that." and is just an enjoyable book to read, if you like herbs that is. Have been buying all his books and will buy whatever he puts out.

If you only have two books in your home on herbal remedies, this one and its companion are the ones to have. The information is well-researched, as complete as possible and very easy to find your particular condition. Dosage information is also provided, something you won't always find on the herbal tincture bottles in the health food store. I've learned to go to these books FIRST before seeking medical treatment and almost always find relief. Remember that modern medicine is BASED on herbal (plant) medicine before they are mutated in the laboratory. Highly recommended!

This book contains little information about lots of stuff. It doesn't have enough information in it for use as a guide to treating ailments. For example, it'll say what the herb is, what it is good for, what it has been used for in the past, and then it'll say something like "use 1 to 2 drops a day" that doesn't tell you any relevant information. Use 1 to 2 drops a day at what concentration, how do you extract it, how do you apply it, when do you apply it? Not a great book, but it does have information about a lot of stuff.

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